



敬啟者：茲有下列重要事項，祈予垂注：

30 September 2013

Dear parents,

Here is the item for your immediate attention:

手足口病防禦措施

手足口病是一種常見於兒童的疾病，通常由腸病毒如柯薩奇病毒和腸病毒 71 型引起。本校亦有確診個案，並已迅速按照衛生防護中心的指引，採取各項措施，以減低傳染病傳播的機會。

家長亦應留意患手足口病兒童的身體狀況，如出現以下情況，應從速求醫：

- 持續高燒
- 反覆嘔吐
- 持續昏睡
- 肌肉抽搐或肢體忽然無力

受感染的病者應避免上學，直至退燒以及身體上的水疱乾涸及結痂已兩個星期，以免疾病傳播。為了確保學生的健康，家長必須注意以下事項：

- 飯前、如廁後及處理完嘔吐物後應徹底洗手；
- 咳嗽或打噴嚏時應掩蓋鼻口，並將染有鼻或口腔分泌物的垃圾妥善處理；
- 不要共用個人物品如毛巾和食具；
- 保持空氣流通；
- 經常以 1：99 濃度的漂白水（1 份 5.25% 家用漂白水與 99 份清水混和）清潔及消毒物件表面、傢具及廁所。

有關詳情，請瀏覽以下網址：

<http://www.chp.gov.hk/tc/content/9/24/23.html>

Hand, foot and mouth disease : Preventive Measures

Hand, foot and mouth disease (HFMD) is a common disease in children caused by enteroviruses such as coxsackieviruses and enterovirus 71 (EV71). There have been confirmed cases at school. In preventing the spread of HFMD, we have followed the instruction of CHP to adopt various preventive measures immediately.

Parents should pay attention to the health of your children and seek medical advice if your children having HFMD developing the following symptoms:

- Persistent and high fever;
- Repeated vomiting;
- Persistent sleepiness or drowsiness;
- Myoclonic jerks or sudden limb weakness.

Infected children should refrain from schools until two weeks after fever has subsided and all the vesicular lesions have dried and crusted to prevent the spread of disease.

Protect our students from getting the infection, parents are advised to note the following items:

- Wash hands before eating and after going to toilet;
- Cover nose and mouth while sneezing or coughing, and proper disposal of nasal and mouth discharge;
- Never share personal items such as towels and eating utensils;
- Maintain good ventilation;
- Clean and disinfect frequently touched surface, furniture and toilets regularly with diluted bleach of 1:99 concentration (mixing 1 part of 5.25% household bleach with 99 parts of water);

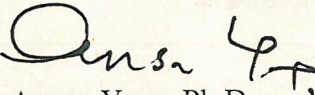
For details, please browse the following website:

<http://www.chp.gov.hk/tc/content/9/24/23.html>

此致
貴家長

Thank you.

Sincerely,


Anson Yang, Ph.D.
Principal

校長

楊明倫 謹啟

二零一三年九月三十日

以上各項，尚祈 貴家長留意。並請於學生手冊第 72 頁「家長簽收通告紀錄」表內註明第八號通告，並簽署作實，以備班主任檢查是荷。

Please pay attention to all the items above. To facilitate class teacher's inspection, parents please sign on page 72 of the student handbook to acknowledge receipt of school notice 8.