



景嶺書院
King Ling College



S.5D Grand Tour Report

Group 3

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Destination: Kaohsiung, Taiwan

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Ch.1 Introduction

Setting aside all the teaching materials, we had joined a five-day journey to Kaohsiung, Taiwan, from where we painted our memories together. This trip aims to broaden our horizons out of the classroom. Not only did this tour focus on visiting, but also acted as an important part of exploring the differences on culture and history between the two cities, Hong Kong and Taiwan. As we know that Taiwan has exploded as a foodie hotspot in these few years, with different kinds of culinary delicacy, just like Hong Kong – the food paradise. Therefore, we chose Taiwan as our destination. We gained, we learnt and we discovered different categories compared to Hong Kong.

Let's share all our enjoyments and different magic moments with you page by page.



Our team photo

Ch.2 Methodology

2.1 Choice of Method

Quantitative method and Interview method were adopted for this project. A questionnaire was designed and issued to the citizens who found in the street in the night market and the students of the E-Da International Schools.

2.2 Classification of the studying target

We can find so much night markets in the East Taiwan and the mid-Taiwan. Also, there are so much food that we cannot find in Hong Kong there and most of them are much different from Hong Kong. Therefore we want to find out how different the food culture in Taiwan and Hong Kong by asking Taiwan citizens and students.

For this project, I intend to focus more on the food culture, chopstick, cuisines and seafood in Taiwan and how them affect citizens' lives. I hope that from this project, we can know more about Taiwan's culture.

2.3 Target Group

For this project, the citizens and the shop owners we found in the street of the night markets and the students we visited in Taiwan will be our interview target. Since they live in Taiwan and all of them have already try the food in night markets, they will have different opinions on the food of night markets. Besides, some of our classmates have also try the food in the night market so we will give them some interviews and let them compare the different of food between Taiwan and Hong Kong. Therefore, we can know more about the food culture of Taiwan.

2.4 Questions asked

The questions asked were mainly related to the following areas:

- 1) The general information about the respondents, for instance, what are their names, where are they came from, when did they arrive, etc
- 2) The factors of eating in night market, for instance, choices, tastes, someone suggest them
- 3) Some information about the food in night market, for instance, what kinds of food they can find there, how much for the average food, etc
- 4) The opinions of the food from the respondents, are the food yummy, are the food in good looking, etc.
- 5) To what extend the food in night market can represent Taiwan eating culture, for instance, is really helps them to reduce weight, or it only makes them thin but worst the appearance, etc.

2.5 Problems faced and solutions

A few limitations about Internet questionnaires and interviews were predicted and observed.

First of all, there do not have much place in the Internet to spread the questionnaires and not much of teenagers volunteer to answer the questionnaires.

Secondly, there may be misunderstanding of the respondents because most of the Taiwan citizens do not understand the English questions.

Thirdly, if there are too much and too long questionnaires, the respondents will lose their temper to answer them.

In response to the above limitations, some improvements have been made as the followings.

Firstly, I sent the questionnaires to the school which we visited in Taiwan and also some of the interviews were done in the street of the night markets so that there will be more data for our survey.

Secondly, I will set the questionnaires into Chinese and then translate into English in the project when I hand in so the respondents will feel more familiar to do the questionnaires.

Thirdly, the questionnaires will be shorter and focus more on the main theme of this project and adjust the questionnaires into MC questions but not long questions.



A visit to Meinung Folk Village—experience the cultural heritage of the locals

Ch.3 Literature Review

A study on the food culture in Hong Kong and Taiwan has been done by the University of Hong Kong. It stated that Taiwan is a place dominated by immigrants from different Chinese provinces. People brought their taste preference, ways of cooking and traditions to Taiwan, together with the tastes of Taiwanese locals, this created a symbolic food culture. Besides, it was mentioned that some of the typical Taiwanese cuisines are self-invented or modified by Taiwan locals, including *“jin-ju-nai-tsa”*, *“small sausages in large sausages”* and *“twa-bing”*.

Another website about Taiwanese food culture is also found, which explains the culture of Taiwanese cuisine. Pork, seafood, chicken, rice and soy are very common ingredients. Influenced by its geographic location, the Taiwanese had to look aside from farmlands for sources of protein. Therefore, seafood plays an important role in their cuisine. Moreover, Taiwan is famous because of the Taiwanese snacks. These snacks have gained much fame internationally. The most common place to enjoy snacks in Taiwan is in night market and each market also has its own famous snack. Moreover, in many of their dishes, the cuisine relies on large quantity of seasonings for flavor. Soy sauce, rice wine, sesame oil, fermented black beans and chili peppers are mainly used in their dishes, which is similar to the dishes in Mainland China.

All in all, the Taiwanese food culture is influenced by the Mainland China because of the immigrants from different provinces in China but there are also self-invented cuisines created by Taiwanese.

Chapter 4 – Photographs Analysis



This is the first day of our Grand Tour. The first meal we had there is located at Kaohsiung, which is a traditional restaurant. Miss Yeung, our group teacher, was having lunch with us. Besides, chopsticks is the main tableware same as Hong Kong.



Tai Wan is a country that exhausted culinary delicacy and gourmet food. For example, seafood is produced in abundance there. For our first lunch in Tai Wan, there were totally five out of 10 dishes made by seafood such as Stir-fry shrimp, Steaming crab, Fish soup, Prawn jujube, and also Deep frying squid.



This is one of the famous night markets in Tai Wan, called 'Liuhe Night Market'. As we had chosen 'food culture' as our project's topic, this scenic spot is really suitable for us. You can see there were so much people around the night

market since the local food there was extremely delicacy.



Seafood is produced in abundance there, so of course there was so much hawker selling seafood. What is more, the characteristic of the night market there was that, when people order a food, mostly the salesperson will cook immediately to make sure fresh and delicious food can be provided to tourists or anyone.



Other than seafood, 'Rouzao rice' is also one of the famous local foods in Tai Wan. The sauce was a bit salty and we were told to mix the rice with the sauce together and that was the right way to sample this.



As a geography student, visiting the Tai Wan local Geo Park is a must. "Moon World Landscape Park" is as gorgeous as some national level's geo parks. There was an extinct volcano still having erosion and weathering. This was our honor to access the natural world.



'The Chuhuo Special Scenic Area' is one of our visited places. The natural gas was storage at the underground; the gas from shale fissure sprang to the surface. After ignited, the formation of this natural scene was shown.



Other than visiting some geographical sceneries, we had visited the I-Shou International School in Kaohsiung, which is a sister school with our School, King Ling College. Their campus was really big and grand in the design of the buildings. Like the music band room that our classmates were playing the piano so as to feel like studying at this school.



This is a special activity room with the theme 'Chinese culture'. This is exactly identical with our school motto 'Spreading out the Chinese culture',



This is the 'War and Peace Memorial Park and Theme Hall'. Inside the hall, there was many information and history about the war before, some photos, exhibits displayed there were novelty. Like the double-edged sword that used to fight for the enemy was commemorated.



This is the Tai Wan Confucian Temple, we found Ming-Lun Hall, hall of Ethics, built as a place for instructors to offer lectures and cultivate intellectuals. The most interesting thing is the hall was named same as our principal Dr. Yang. After we visited this temple, all of us determined that we would study hard to fight for the DSE, as a normal speak 'Work hard, Play hard'.

Ch.5 Findings of the interview

In order to understand the food culture between Hong Kong and Taiwan, we successfully interviewed 30 people in the night market. 60% were Taiwan citizens and the rest were tourists.

For the results, in the question "you prefer your own city's local food or Taiwan food?", most of the tourists showed their love on Taiwan food. They explained that there were various kinds of food could be found in Taiwan and they can no longer found the same taste in their own cities. For the results of question "how can Taiwan food attracted you deeply?" and "if you have a trip for trying different local foods, would you prefer Taiwan or Hong Kong?", many tourists answered with food seasoning. We found that our interviewees mostly prefer salty and juicy food. Coincidentally, these seasonings are common in Taiwan food like minced pork rice, fried chicken and oyster omelets. They were the most popular among tourists also. Some said they prefer eating in Taiwan since Hong Kong has no a specific streets for eating, just like night markets in Taiwan. The question "will you prefer local food or the food from other places like Hong Kong, Malaysia and Singapore?" was only for Taiwan citizens. Some of them prefer their local food more as the flavor is much suitable for them.

From the above results, it clearly showed that Taiwan food is popular than Hong Kong since they fit most tourists' taste. Moreover, some tourists think that night markets in Taiwan makes them feel enjoyable than Hong Kong as the markets are always crowded and full of various food.

Ch.6 Conclusion

Time files. We gained and learned a lot of memorable thing and knowledge in the five-day trip. In concluding the food culture between Taiwan and Hong Kong, We found a lot of difference of food culture between Taiwan and Hong Kong. At the same time, there are some similarities during the five-day grand tour in Kaohsiung

For the similarities, as mentioned in the previous chapter, both Taiwan and Hong Kong have different kind of restaurants with different style of cuisine. For example Korean restaurant, Indian restaurant, fast food shop. Taiwan does not only include local restaurants but also adding different cuisine in their food culture, which can attract more tourists and become a globalized country.

Besides the cuisine of the restaurant, Taiwanese also use chopsticks to have their meal. Chopstick is a kind of utensils which symbolize Chinese culture as it was originated in china over many centuries ago. In Hong Kong, people also use chopsticks mainly to enjoy their meal.

There are differences in food culture between Taiwan and Hong Kong. First, Taiwan has a lot of night markets while Hong Kong does not have much night market at all, just like Liohe Tourist Night Market, Rueifing Night Market in Kaohsiung, and Kenting Street in Kenting. These are the night markets we had visited during the grand tour. In Hong Kong, there does not have much night market. The temple market in Yau Ma Tei is already the more common one in Hong Kong.

Second, the price of the food in Taiwan is cheaper than that in Hong Kong. The street food in Hong Kong like curry fish ball sells for \$10 but only for 5 to 6 grains while it sells for only \$10 with 9 to 10 grains in Taiwan. One of reason is the cheaper rent of the shops and stalls. Shop and stall owner do not have pay many expenditure in order to gain a higher profit.

Third, seafood is commonly found in Kaohsiung. Because of the location, fishery is usual occupation found in Kaohsiung. Therefore, there is seafood everywhere in night market and restaurant. We can also taste the seafood in Kaohsiung every meal.

As mentioned in the previous chapter, convenience store should be the biggest difference between Taiwan and Hong Kong on food culture. It is seldom to find supermarket in Taiwan while we can see lots of supermarkets in Hong Kong, like ParkNShop and Wellcome. Some fresh meats are even sold in Taiwan's convenience store. Unlike Hong Kong's, meal will not be sold. It is more common to find convenience store in Taiwan because of high population density. Taiwan has the highest density of convenience store per person with one store per 2500 people. Taiwanese like enjoying their meal in convenience store as it is extremely convenient.

Under globalization, the food culture are spreading everywhere from here to there. Some has become part of their culture but some do not. These can attract different tourists worldwide. By meeting people in shops and buying food in the night market can observe the similarities and differences between Hong Kong and Taiwan. As the two places become popular, these change these two places from becoming an international place.



Ch.7 Individual reflection

Melody Lo 5D (11)

I was looking forward to grand tour when I just promoted to form 5. Although the trip took for five days only, our class enjoys a lot in this trip in Kaohsiung and this would be the most memorable one in my school life ever.

The journey planned by the travel agency was awesome. Thank you for planning such a pleased journey for our class. For me, the scenic spots are fantastic as they were my cup of coffee! But one of the impressive spot in the tour should be the Moon World, which visited at the first day of the trip. It was actually similar to the Sai Kung Geo Park in Hong Kong. It is a good experience for us to learn more geographic knowledge indeed. I felt awesome when I saw that kinds of rock because I never touch it before. The tour guide explained a lot of useful information related to geography, which is beneficial to our class as we are studying geography as an elective subject.

Another place that our class enjoyed the most should be night market.



This is the convenience store in Kaohsiung which sold fresh ingredients and fast food to locals and customers.

Different night market has different local food to choose. Besides, Taiwanese are really helpful and passionate as they try to help you when you were questioned on food. They even like greeting to tourists whenever they do not even know you. I love this kind of culture and place instead of such a busy city like Hong Kong.

At last, I would like to say thank you for organizing and giving such a precious opportunity to students and having collective memories with the 5D Buddies in our senior secondary school life. The form 5 students can really boarder the horizon rather than just sitting in front of the blackboard. I hope the lifelong lesson do not only gain unforgettable memories but also pass on every year to the younger.



Kitty Tsoi 5D (18)

Putting down all textbook, I had joined the grand tour to Kaohsiung, Taiwan, which I looked forward into it since I was in form1. Not only I wanted to capture the fantastic memories with my buddies, but also wanted to broaden my horizons overseas. And thankfully, this trip was safely ended and my Peggy bank has earned more after this journey.

All our destinations were on schedule and the most remarkable itinerary was visited the I-Shou International School. I had a buddy, Tiffany, who is also studying level 10, introducing her school to me. I spent half of the day, studying two subjects with them, which were business management and counselling. The teaching methods were totally different. Their teachers did not teach during the class, but they did wrote down what should the students do in the class. The students need to follow the instructions and did all the classwork properly. They could use their mobile phones or notebook during the class all the time, for checking the information when they were needed. That was the most different teaching style comparing to Hong Kong, another Asia city that I am living in.

The speed of living style in Hong Kong is very fast. Students are under pressured not only about school work, but also family expectations. But, when I was in Taiwan, I felt totally different.



We were sitting in the library in I-Shou International School. There are a lot of cushion which made us feel comfortable while we are reading.

Different teaching methods, different culture and different study atmosphere made me felt very relaxed because I could not feel any stress even I am studying. Therefore, this kind of study environment made me stress less and I wanted to stay there forever. It was a very unforgettable exchange experience for me and I hope I can meet my buddy very soon.

Times flies and the trip ended. It is time to back to reality and get well prepare for my DSE. At last, I would like to say thank you again to all the teachers for creating this wonderful tour for form5 students, which give a golden chance for us to learn more out of textbooks and create more memories with our classmates before we graduate. Memories live forever and I hope even ten years later, I can still remember what I have learnt in this trip, how we helped each other overcame difficulties and how enjoyable we were in that few days. I truly hope that this meaningful grand tour can pass it on.



Kristy Tsai 5D (17)

At the first night, we went to the Liuhe Tourist Night Market. There were various kinds of food so I could compare the difference of food culture between Taiwan and Hong Kong.



This ice cream sold in LiuHe Night Market is well-known as the seller when give the ice cream to you in a particular way.

Next day, we attended two lessons in I-Shou International School and had a visit in I-Shou University. We could communicate with local Taiwan students and experience their creative learning in lessons.

Then, we went to the Meinung Folk Village and Chuhuo Special Scenic Area. In the village, there were many handicraft works. Also, there were lower technology development. Yet, I could see that everyone was happy and satisfied with their life. I really appreciate them. Besides, I hope the scenery in Chuhuo Special Scenic Area can last forever and let each generation to admire it. Beauty of the natural have to rely on human. If we destroy them, the natural habitats could not alive.

In E-Da Theme Park, it was totally different from Disneyland and Ocean Park in Hong Kong. It is because this theme park's building structure was built in Greek style. So we could explore more building styles. Besides, we tried local Taiwan cuisines inside the theme park.

Therefore, I could try more Taiwan food which I could not find in Hong Kong.

On the last day, we went to the Confucian Temple which was built in 1665. Students in Qing dynasty started to study there, even the youngsters in the upper generation. We could understand how students from different generations study in a quiet place. Due to its old history, it was really a historical building.

Through this trip, I learned much about food culture, building structure and school life in Taiwan. They are all hard to find in Hong Kong.



Jasmine Chan 5D (3)

Kaohsiung is a place with popularity. I feel so honored that I got the chance to travel there with all of my classmates, including the teachers followed. Before the graduation, I believe that this is the last chance for me to go traveling. I used to go traveling with my family, but this time was different and I have a different experience and feeling.

There were a number of tourist destination that I can never forget, they are Meinung Folk Village (美濃民族村) and I-shou university (義守大學).

Meinung Folk Village is a place with lots of human interest. The views there are natural, the food there is traditional. Locals there enjoy communicating with others, especially the tourists. We can buy a lot of souvenirs which are all hand-made products. For I-shou University, I really love there a lot. The school's environment is perfect. Different academic units have their own buildings. What surprised me the most is that the Japanese unit has designed with a lot of Japan's elements; it makes me feel that I am located in Japan.

This Grand Tour should be my first time go traveling and learning in different city with my classmates, including my teammates. Without our families, we have to work together in order to solve every difficulties. I find out that I have the ability to be independent and try not to depend on my parents. Time flies but memories were still being vivid in our mind. I will remember every image in our trip. If I can, I will ask all of my classmates 'Can all of us go to another trip after our graduation?'

At last, I would like to thank all of the teachers that who have participated, without their hard works and caring, our trip will not be that consummate.

Zina Chong 5D (6)

Throughout the five-day trip, I have broadened my horizons and at the same time, have a better understanding on the Taiwanese culture. It was a great time spent with my classmates and teachers.

In my point of view, visiting I-Shou International School is the most memorable itinerary throughout the trip. My classmates and I were given the chance to have lessons with the students in that school, which we were able to experience the school life in Taiwan. This is an once-in-a-lifetime opportunity as we could seldom communicate with teenagers at the same age from other countries in Hong Kong.

Although we had only spent hours of time together, our friendships were developed. It was my first time to meet new friends out of Hong Kong, I hoped that our friendship could be maintained even we live in different cities.

Besides, we were able to visit night markets, one of the famous tourist spots in Taiwan. During the visit, we could have a walk on the streets in Taiwan, which I have been waiting for even before the start of the trip. I enjoyed visiting the night markets a lot.

This trip to Taiwan was a wonderful experience. I am grateful that our school gives us this chance to learn and explore the culture of other countries. Having this trip allowed us to build up a stronger bonding with each other and create lots of collective memories before we graduate.

Tweety Sung 5D (15)

With the stunning nightscapes here, I fell in love with Taiwan. In Hong Kong, I can only fly to Taiwan through the screen, and keep looking the celebrities tasting Taiwan's delicacy. But now, I can finally use my own perspective to look around Taiwan, and explore the beautiful things here.

Today is the second day of my Taiwan trip, I went to the I-Shou International School, I-Shou University and the War and Peace Museum. When I visited the schools, I found that the school is as big as a house, the students can enjoy using numerous of facilities like piano, swimming pool, golf course, etc. , it attract me so much but I still love my school because it gives me sense of loyalty and security. I enjoy the two lessons with the Taiwan students and discovered that their schoolwork is even harder than ours, but they never complain about it. Have a look in Hong Kong, students commit suicide if they have pressure on the work, and don't even think about their parents will be broken-hearted if they are death. So that I think the students in Hong Kong should learn from them and to be stauncher. In these two days, I can feel that Taiwanese are passionate, benevolent and hospitable. Even though I have special needs and order the staff to help me, they still bring a smile to me and help me immediately. If we are in Hong Kong, I can only know how we treat the Mainlanders in Hong Kong, which let me feel ashamed.

Alice Lai 5D (8)

As the five days Taiwan tour has gone, it gave us a treasure and unforgettable memories. Everything in Taiwan seems totally different from Hong Kong such as the education systems, environment, eating culture and the development. Therefore, we saw a large comparison between us and them.

At the first day we went there, the weather is hot there but it is not wet and moist like Hong Kong, so I like that weather with dry and warm temperature which may let me too sticky. Besides the weather, the buildings and the structures make me surprise since they are so short but huge. They will not block any scenery like Hong Kong did so it makes the views more beautiful. In Hong Kong, although there are so much wonderful sight points, the skyscrapers and tall buildings have totally blocked and this makes people feel reckless. More and more, every night in Taiwan we went to the night markets which can find lots of food, toys and games to play. Of course, the food there is the most attractive thing for me. Once you enter the night markets, you will not want to leave and you will keep on eating until you are totally full. There are many choice of food and drinks for the visitors, for instance, fried chickens, deep fried octopuses, pepper bread and fried meat sticks...etc. There are the wonderlands of me and my classmates where we can find all the food we can't find in Hong Kong and most of them are in a very low price. The food culture is quite similar to Hong Kong which most of the food are deep fried or fried. Those kinds of food are the popular kinds of food that teenagers and adolescents love so much to eat. Also, the food there is not old fashion food like the steam bread or steam tasteless food. The food there are quite tasty than Hong Kong. I love them most since I can nonstop eating the thing I like which is really cheap. The people and the shop keepers are also very nice to every tourist and they keep a good relationship between them and customers so that they make us happy and show their respect to us also, they are nice and sometimes share

their food for free to us. I miss Taiwan night markets so much but Hong Kong does not have any unfortunately.

Apart from the night markets, we have also visited a local secondary school which is really huge and beautiful than our Hong Kong school. We can find lots of facilities in a school such as a big football coach and dancing room. We fall out our eyes when we are walking around the campus since the views are so beautiful and the classrooms are so clean and tidy and the size is very big. Also, the style of school uniform is also totally different because their dresses are very short and they are allowed to wear high heels to school. By comparison, Hong Kong uniforms are much traditional than Taiwan did and our uniforms show more respect to school and the teachers, so I like the Hong Kong one more. However, other than the uniforms I love all the things in the I-Shou secondary. I really hope to study there once I saw this school.



Chloe Chan 5D (4)

The five days Tai Wan trip was just like happened yesterday. All the memories in my brain were floating into appearance. Every single place, food, little moment with my teachers and classmates, I will let them be my everlasting memories. These few days trip in Tai Wan enriched my treasure house of knowledge.

We went to more than 10 famous scenic spots these days, Tai Wan is a super magnificent place such as the buildings had some simple designs but it could let people feeling warm and it was very attractive that made me wanted to stay there.

For the most unforgettable part should be mentioned was the night market. We went to two of the famous night markets in Tai Wan, called 'Liuhe Night Market' and 'Kenting Street'. This scenic spot was really nice for us since all my classmates love eating and tasting different kinds of food. We were like the animals which cropped failure, kept buying the local delicacy. Although there was multitude, this could not affect our fighting strength with those food. What is more, when we ordered a food like seafood or shish kebab, mostly the hawker owner would cook immediately as so to provide fresh and juicy food to everyone. If our teachers allowed me to stay there for whole night, I will do.

Other than eating, visiting the university in Kaohsiung, I-Shou International School which is a sister school with our School, King Ling College was also benefited me a lot. The whole campus and the buildings were so big and grand. After visiting there, our whole class pledged to study their together after the DSE. Living, eating, playing, enjoying our life altogether in the university, what a nice idea!

There were a lot of interviewees like Taiwan so much, shown on the above figure. Since the food there are very attractive because the selling

price is relatively cheap. Not only the food taste good, but also represent the special local food culture there. Therefore, both of the tourists and local people love it very much.



Ch.8 Bibliography

8.1 links

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- b) https://en.wikipedia.org/wiki/Taiwanese_cuisine

8.2 Books

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- b) 楊淑燕 / 2007 / Street Food in Taiwan (台灣特色小吃) / 香港萬里機構,飲食天地出版社
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8.3 – Video

- a) Taiwan Food Culture
<https://www.youtube.com/watch?v=yhg56hIQ6Cw>
 - many food shops, especially fast food shops
(food business is convavtert)
 - people are busy on their works, therefore almost none of the Taiwan people will cook at home
(higher position of women so they can choose not to cook at home)

Ch. 9 Member List

5D Chan Pui Sze, Jasmine (3)

5D Chan Wing Lam, Chloe (4)

5D Chong Wing Hang, Zina (6)

5D Lai Cheuk Sze, Alice (8)

5D Lo Lok Man, Melody (11)

5D Sung Wing Sin, Tweety (15)

5D Tsai Yik Sum, Kristy (17)

5D Tsoi Kit Yee, Kitty (18)

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